

## Who Benefits from the Parent Support Program?

Childhaven's Parent Support Services are provided to parents and caregivers of children age 0 to 17. Childhaven encourages the whole family to participate in services. As such, both parents and their children participate in lessons, either in an in-home setting, a group-based setting, or a combination of both.



For more information, please contact us at (505) 592-0630 or check out our website at [childhavennm.org](http://childhavennm.org).

**To register for classes  
or for questions, contact :**

Cristina Duran  
(505) 592-0636 (Office)  
(505) 402-5597 (Direct Line)  
[cristinad@childhavennm.org](mailto:cristinad@childhavennm.org)

Made possible by funding from  
New Mexico's Children, Youth,  
and Families Department Chil-  
dren's Trust Fund and San Juan  
United Way.

**\* Pre-Registration is Required \***



**PULLTOGETHER.ORG**

CYFD resource offering support and guidance  
for parents, families, and children in New Mexico.

**\* Pre-Registration is Required \***



## Parent Education

For Parents/Caregivers of Children Ages 0 to 17



**Lifting Children from  
Crisis to Hope**

Mailing Address:  
807 West Apache Street  
Farmington, NM 87401  
Phone: (505) 592-0636  
Fax: (505) 564-8368

## Nurturing Parenting Evidence-Based Curriculum

- ◆ For parents / caregivers of children ages birth to 17 years of age.
- ◆ Individual or Group sessions, typically 15 weeks.

### Parent Support Educators can assist with:

- ◆ Client Access to Community Resources
- ◆ Client Friendly Individualized Service Plan
- ◆ Transportation to/from meetings, and in-home services (if needed)
- ◆ Child Care & lesson plans for children of all ages to participate.
- ◆ Parent assessments track competency comprehension
- ◆ Information on various developmental levels of childhood.



### The Nurturing Parenting Curriculum focuses on:

- ◆ Building nurturing parenting skills as alternatives to punitive child-rearing practices.
- ◆ Development of empathy, self-awareness, self-worth and empowerment.
- ◆ Discipline with dignity
- ◆ Appropriate family roles
- ◆ Age appropriate expectations of children's development.

**You can enroll  
and start on any  
week!**

### Additional services available to clients:

- ◆ Case Coordination/Follow up Services
- ◆ Spanish translator
- ◆ One-on-one classes with instructor
- ◆ Home-based service for those who need it.
- ◆ Transportation

**Dinner, childcare, and  
transportation are provided  
at no cost to you!**



**Classes are every  
Tuesday night from  
5:30 PM– 7:30 PM.**

**Classes are held in the  
San Juan United Way  
Conference Room at:  
903 W Apache St.  
Farmington, NM 87401**

