

Who Benefits from the Parent Support Program ?

Childhaven's Parent Support Services are provided to parents and caregivers of children ages 0 to 5. Parent and child activities are included in group sessions. One-on-one individual sessions are limited and conducted by a Parent Support worker by special request.



Childhaven encourages the whole family to participate in services.



For more information call:

Childhaven
(505) 325-5358 ext. 130

To Register for Classes
or for questions, contact :

Elleen Peshlakai

Services Coordinator

(505) 592-0630 Direct Line

elleenp@childhavennm.org

For Program information:

Group Parenting Class Instructor:

Jackie Tsosie (505) 592-0647

jackiet@childhavennm.org

Individual 1-1 Instructor

Cristina Duran

(505) 801-4090 Direct Line

cristinad@childhavennm.org

Made possible by funding from New Mexico's Children, Youth, and Families Department Children's Trust Fund and San Juan United Way.

*** Pre-Registration is Required ***



Parent Education

For Parents and Caregivers of Children Ages 0 to 5



Lifting Children from Crisis to Hope

807 West Apache Street
Farmington, NM 87401

Phone: (505) 325-5358 ext. 130
Fax: (505) 564-8368

Nurturing Parenting Evidence-Based Curriculum

- ◆ For parents of children ages 0 to 5 years of age. (Must have at least 1 child in this age group to qualify)
- ◆ Individual or Group sessions, typically 8-15 wks.

Parent Support Educators can assist with:

- ◆ Client Access to Community Resources
- ◆ Client Friendly Individualized Service Plan
- ◆ Transportation to/from meetings, and in-home services (if needed)
- ◆ Child Care & lesson plans for siblings of all ages to participate.
- ◆ Parent assessments track competencies learned
- ◆ Information on various developmental levels of childhood.



The Nurturing Parenting curriculum focuses on:

- ◆ Building nurturing parenting skills as alternatives to punitive child-rearing practices
- ◆ Development of empathy self-awareness, self-worth and empowerment
- ◆ Discipline with dignity
- ◆ Appropriate family roles
- ◆ Age appropriate expectations of children's development



Additional services available to clients:

- ◆ Case Coordination/Follow up Services
- ◆ Spanish translator
- ◆ One-on-one classes with instructor
- ◆ Home-based service for those who need it.
- ◆ Transportation by request

Dinner and childcare is provided!



Meetings are every
Tuesday night from
5:30 PM- 7:30 PM

at

First United

Methodist Church

808 N. Monterey

Ave.

